



Potential Protagonists

MALE

100m:

An interesting line up in the 100m, 3 heats with no less than 7 athletes under the 11seconds mark. The favourite is Zalan Kadasi of Hungary with a personal best of 10.53sec – Zalan formed part of the relay team which one the 4by100m National Championships of Hungary in 2018. Amongst the favourites are Byron Robinson and Ogbene Kaodichinma with personal bests of 10.73sec and 10.70sec along Luke Bezzina, who represented Malta at the Rio 2016 Olympic Games (10.68sec). Fastest 8 results in the heats will then compete in the final.

200m:

A straight final - Zalan of Hungary is also listed in the 200m with a personal best of 21.67sec. Joining him from Hungary will also have Laszlo Szabo, the 200m Hungary National Champion of 2017 & 2018 with a personal best of 21.13sec. Byron Robinson from GB will also be in the starting line with a pb of 21.46sec.

400m:

The favourite for this event is no other than Marcel Deak Nagy – Silver medallist at the European Championships in 2012, European U20 Champion, University Games Champion, National Champion for many years in Hungary and with a personal best of 45.42sec. From Malta, Steve Camilleri will return to his former event looking to better his personal best of 49.20sec.

Long Jump:

The long jump will be another firing event. 6 athletes with a personal best higher than 7meters. Hungary are again strong in this event. Bence Banhidi, 2011 Hungarian National Champion registered with a personal best of 7.86m who will battle with his country man and 2018 National Champion Szabo Laszlo (p.b 7.76m). Separating them is Efe Uwaifo of GB with a personal best of 7.85m. From Malta, 2018 Athlete of the year and in form Ian Paul Grech will be looking to better his personal best of 7.43m.

110M Hurdles:

The EAP Malta International will be an opportunity for our only local athlete Daniel Saliba to compete at home against other hurdlers. Daniel Saliba will also be looking to improve on the Maltese National Record after a successful Indoor season breaking the 60m Hurdles National Record twice. Decathlete Michalis Kiafas of Greece is looking to open his season in Malta after winning the Greek 60m hurdles Indoor title. His brother, Argyrios on paper is 0.01sec faster than Great Britain's Michael Copeland and we are expecting a tough fight until the end between both athletes.

800m:

6 Athletes under the 2min mark. This will be a good test for local Matthew Crocker. An opportunity to better his personal best of 1:53.72 when he faces an athlete with similar stats. Youngster Riccardo Bado of Italy, with a personal best of 1:53.81. Samir Benaddi on the other hand will be challenged by local Jean Paul Debono for a possible 3rd spot, with only 0.34sec separating both.

Triple Jump:

Hungary National Champion Tibor Galambos has a personal best of 16.20m. Challenging him will be the GB duo Efe Uwaifo and his training partner Lawrence Davis with personal bests of 16.18m and 16.01m respectively. With 3 Triple jumpers over 16m is not something witnessed on a daily basis locally. Zoltan Prekli, from Hungary is also registered with a personal best of 15.42m. From Malta, Ian Paul Grech will be looking to improve on his 14.84m – just 0.21cm shy of the National Record.

5000m:

Anticipating a tactical yet fast race. A nice battle between the Maltese athletes is anticipated. Luke Micallef, Andrew Grech, Charlton Debono & Dillon Cassar are all registered in this event besides other local athletes. However current favourite for this event is Hungarian Darius Farkas, personal best of 14:38.14 but we're expecting the Maltese trio to rise for the challenge for top spot. Also worth mentioning French Jonathan Herrera and Norwegian Albert Didriksen both under the 15 min mark.

Javelin:

Rab Attila from Hungary is here enjoying a 7m plus advantage over local National Record Holder Bradley Mifsud.

FEMALE

100m:

Malta's Record Holder UK based Charlotte Wingfield will open her season here in Malta at the EAP International. She currently has a personal best of 11.54sec and coming from a strong indoor season we look forward to watch Wingfield's first race. We're expecting a battle for 2nd place between Rachel Fitz of Malta (pb11.97sec) & Great Britain athlete Gabriella Ade-Onojobi (pb 11.94sec). Other athletes to keep an eye on are Sarah Busuttil, Sian Pledger and Annalise Vassallo.

200m:

Once again, Wingfield (pb 23.78sec) is the favourite here aiming for the 100m & 200m double Gabriella Ade-Onojobi (24.28sec) from GB will challenge for the top spot whilst Sarah Busuttil (24.96sec) & Janet Richard (25.05sec) will battle for the 3rd spot.

100Mh:

And if you think the 100m and 200m are exciting, wait till you watch the 100m hurdles. A very strong line up and an interesting race to watch. Strong athletes from the Great Britain and Italy with a best of 13.13sec coming from Yasmin Miller. Yasmin Miller is also a European U20 Champion when in 2013 she formed part of the 4by100m Great Britain Team. She also finished 4th at the World U20 Championships in the 100m Hurdles when she set her best time to date in 2014. From Malta, Rebecca Fitz will use this opportunity to better her personal best of 15.92sec.

400m:

Local star Janet Richard (pb 55.06sec) is the favourite in this event but Francesca Borg (56.73sec) and Tania-Cyrena (57.84sec) from Great Britain will do the utmost here to spoil the fun.

800m:

Ohn Kinga representing Hungary is the favourite with 2:09.66 but although less experienced Malta's She will face a challenge from locals Francesca Borg (2:11.21sec) and Paula Grech which every year is showing big improvements and ahead of the GSSE level held in Montenegro 3 weeks later we're looking forward to see Paula drop her personal best of 2:14.01 set last year.

5000m:

A challenge between the locals. Current local female best long-distance runner Lisa Marie Bezzina is registered for this event with a personal best of 17:26.40, challenging her will be Roberta Schembri (17:35.00) and Joelle Cortis (18:15.00).

Long Jump:

Two strong foreign athletes in the women's long jump. Favourite Petra Farkas with a personal best of 6.41m is the 2019 Hungarian Indoor Champion. Farkas also finished 5th at the World U20 Championships last year. Her main competitor, youngster Veronica Crida from Italy has a personal best of 6.25m. We're expecting a challenge between locals Claire Azzopardi (personal best of 5.84m) and Rebecca Sare' (personal best 5.82m) both aiming to be the 3rd ever local athlete to beat the 6m mark.

Triple Jump:

Another strong Hungarian athlete, Krisztina Hoffer have been dominating the Triple Jump in Hungary for the past 8 years is a strong favourite, with a personal best of 13.45m. Locally, National Record Holder Sare' of 12.53m and Claire Azzopardi (12.22m) will challenge for the silver medal.

Javelin:

Belgian National Champion Paulin Smal is the clear favourite with a personal best of 52.63m. Blanka Jakfalvi of Hungary with a personal best of 46.53m will be challenged by local Joanne Vella (45.16m) & Monta Jankovska of Latvia (41.02m)